

Actimove[®]

*Actimove[®]
Braces & Supports*

Catalogue 2021

EDITION 1

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Actimove® is the brand that will deliver when shoppers are looking for a pharmacy carrying the right quality of braces & supports for joints and ligaments with correct advice when seeking pain relief. They are not only elderly, suffering from chronic aches from degenerative joint issues impacting their daily mobility, but younger active individuals having an acute injury from sport. Actimove understands shoppers are looking to find solutions that suit their medical needs and lifestyle.

Actimove offers a broad portfolio of medically engineered braces & supports, designed for easy self-selection. Strongly branded, crisp packaging aids easy product navigation making a high impact in-store supported by eye-catching Point-of-Sale offers. Actimove Sports Edition, Actimove Everyday Supports, Actimove Arthritis Care and Actimove Kids give patients the confidence to help conquer their pain to continue taking on their daily life challenges.

Actimove prides itself on providing medical devices, drawing on 80 years of experience in non-invasive orthopedics¹ in hospitals with market leading brands like Gypsona®, Dynacast® Prelude or Leukotape®. The portfolio of Actimove benefits greatly from this category expertise in casting, splinting and physiotherapy solutions. The result is excellent quality products that are reliable and thoroughly tested. Actimove braces and supports deliver excellent functional performance based on biomechanics to help manage pain. They are highly comfortable and skin-friendly after being thoroughly tested for biocompatibility.

Actimove is a brand of Essity, a leading hygiene and health company dedicated to improving well-being through products and solutions. Actimove stands for trusted products and services to support sustainable business growth.

Whether customers are running a marathon, recovering from an injury, overcoming daily arthritis or movement-pain related challenges, they can rely on Actimove to help them with pain-relief and to provide them with the support they need.

Actimove. For Non-Stop-Living.

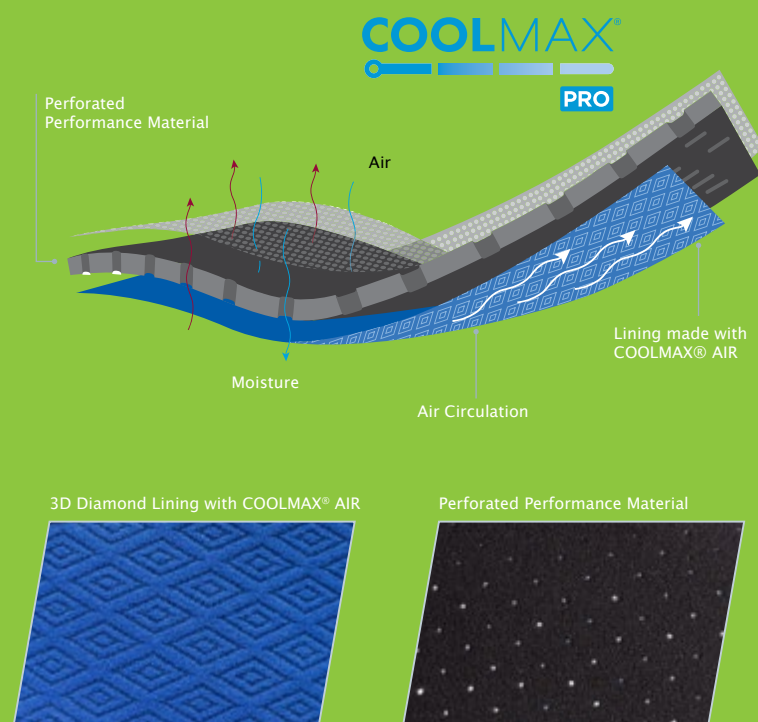
¹ In the market since 1940: the leading Plaster of Paris brand Gypsona®.

Actimove® SPORTS EDITION

Younger, sporty people often wear neoprene braces & supports after sports injuries or to prevent re-injury. A major complaint about these is that they are too hot to wear and cause excessive sweating.¹

Actimove Sports Edition aids pain relief and healing through balanced warmth and medical compression. They offer great comfort from excellent moisture management and skin-friendly materials.

- Made with **COOLMAX® AIR²** technology, Actimove Sports Edition is engineered for quick drying and exceptional breathability to keep people cool and dry.
- The **perforated performance material** of Actimove Sports Edition is neoprene-free, latex-free, and friendly to the skin.
- Furthermore, **validated compression** properties for support and stability help reduce swelling and manage pain relief.



¹ Essity End-User Validation Research 10/2012; n= 400 OSG shoppers in USA

² COOLMAX® AIR is a trademark of The LYCRA company



Actimove® Wrist Stabilizer

Removable Metal Stay, Left or Right

Anatomically shaped stay for secure stabilization, managing sprains and strains

- Pain relief and healing are supported through balanced warmth and medical compression.
- Comfort and good breathability through neoprene-free performance material.
- Stabilizes wrist through an anatomically shaped removable stay for left and right hand application.
- Quick and easy to fit with slip-on design and individually adjustable straps.
- Special comfort in a premium soft material and seamless design.
- Can be easily worn under clothing due to low profile.
- Three sizes available.
- Can be worn left or right.

Fields of application:

- Tendonitis
- Sprains, strains, soft tissue injuries
- Osteoarthritis
- Rheumatoid arthritis
- Post-operative care
- After cast removal

Slip-On Design



	Essity Code	Size	Measurements	Colour
	75729-31	S	13 - 16 cm	Black
	75729-32	M	16 - 19 cm	Black
	75729-33	L	19 - 23 cm	Black



Actimove® Wrist Support

Adjustable

Durable, adjustable support for weak or injured wrists

- Pain relief and healing are supported through balanced warmth and medical compression.
- Great comfort with exceptional breathability through quick drying perforated performance material.
- Neoprene-free, made with COOLMAX® AIR technology.
- Adjust the level of support for comfort no matter the activity.
- Allows for comfortable, dry hands based on the open palm design.
- Universal sizing.
- Can be worn left or right.

Fields of application:

- Weak or injured wrist
- Overuse syndromes
- Mild sprains and strains
- Arthritis
- Support during everyday activities



3D Diamond Lining with COOLMAX® AIR



COOLMAX®
PRO

Essity Code	Size	Measurements	Colour
75626-10	Universal	14 - 20cm	Black



Actimove® Thumb Stabilizer

Extra Stays

Anatomically shaped stays, managing thumb injuries, keeping finger dexterity

- Pain relief and healing are supported through balanced warmth and medical compression.
- Comfort and good breathability through neoprene-free performance material.
- Stabilization of the thumb through two integrated anatomically shaped stays.
- Comfortable to wear because of premium quality soft material.
- Firm and adjustable wrist support from powerful elastic strap.
- Full finger movement and hand dexterity from special open design.
- Two sizes available.
- Comes in black or beige.

Fields of application:

- Mild to moderate strains and sprains (e.g., skier's thumb)
- Inflammation
- Onset of osteoarthritis
- Thumb pain from repetitive motion activities, like texting or gaming

Full Finger Movement



	Essity Code	Size	Measurements	Colour
	75636-30	S/M	14 - 19 cm	Black
	75636-31	L/XL	19 - 23 cm	Black
	75636-32	S/M	14 - 19 cm	Beige
	75636-33	L/XL	19 - 23 cm	Beige

Actimove® Patella Strap

Adjustable

Targeted patella pain relief that stays in place

- Enjoy sports, as pain relief and healing are supported through balanced warmth and medical compression.
- Great comfort with exceptional breathability through quick drying perforated performance material.
- Neoprene-free, made with COOLMAX® AIR technology.
- Targeted pain relief by increased pressure on patella tendon from the high density EVA shaped insert.
- Stays in place under activity due to silicone dot lining.
- Adjust the level of support, for comfort no matter the activity.
- Universal sizing.
- Can be worn left or right.

Fields of application:

- Patella tendonitis
- Patellofemoral pain syndrome
- Chondromalacia patella
- Osgood-Schlatter disease



Silicone Dot Lining



COOLMAX®
PRO

Essity Code	Size	Measurements	Colour
75589-20	Universal	29.5 - 41 cm	Black



Actimove® Knee Support

Open Patella Adjustable

Adjustable and secure protection, relieving patella pain in minor knee injuries

- Enjoy sports, as pain relief and healing are supported through balanced warmth and medical compression.
- Great comfort with exceptional breathability through quick drying perforated performance material.
- Neoprene-free, made with COOLMAX® AIR technology.
- Supports ease of application with wrap-around style for sore knees.
- Adjust the level of support for comfort no matter the activity.
- Helps to relief patella pain. Knee cap pressure is reduced by open design.
- Universal sizing.
- Can be worn left or right.

Fields of application:

- Painful knee injuries and prevention
- Slight strains, sprains and contusions
- Minor meniscal damages
- Joint swelling



Oval-Shaped Patella Opening

3D Diamond Lining with COOLMAX® AIR



COOLMAX®
PRO

Essity Code	Size	Measurements	Colour
75593-10	Universal	29.5 - 41 cm	Black



Actimove® Knee Stabilizer

Adjustable Horseshoe and Stays

Sleeve design with adjustable horseshoe for improved patellar tracking

- Enjoy sports, as pain relief and healing are supported through balanced warmth and medical compression.
- Great comfort with exceptional breathability through quick drying perforated performance material.
- Neoprene-free, made with COOLMAX® AIR technology.
- Manage patellar pain syndrome with an adjustable horseshoe.
- Added knee support from medial and lateral spiral stays.
- Stays in place with improved fit through elastic hook and loop support strap.
- Easy application with convenient finger-loops.
- Improved patellar tracking through increased pressure by adjusting the horseshoe either inferiorly, superiorly, medially or laterally.
- Seven sizes available.
- Can be worn left or right.

Fields of application:

- Patellar pain syndrome
- Patellar tracking and subluxation
- Patellar instability
- Chondromalacia patella
- Patellar tendonitis



COOLMAX®
PRO

	Essity Code	Size	Measurements	Colour
	72453-00	XS	30.5 - 35.5 cm	Black
	72453-01	S	35.5 - 40.5 cm	Black
	72453-02	M	40.5 - 46 cm	Black
	72453-03	L	46 - 51 cm	Black
	72453-04	XL	51 - 56 cm	Black
	72453-05	XXL	56 - 61 cm	Black
	72453-06	XXXL	61 - 66 cm	Black



Actimove® Ankle Support

Elastic Wrap Around


Ultra slim fit, extra thin, yet durable, adjustable for stability

- Enjoy sports, as pain relief and healing are supported through balanced warmth and medical compression.
- Increased comfort and good breathability with ventilated elastic strap design.
- Ultra slim fit due to extra thin but durable material.
- Adjust the level of support for comfort, no matter the activity.
- Three sizes available.
- Can be worn left or right.
- Contains latex.
- Available in black.

Fields of application:

- Painful ankle injuries & prevention
- Mild sprains
- Weak ankles
- Swelling and tenderness



	Essity Code	Size	Measurements	Colour
	73414-80	S	18 - 20.5 cm	Black
	73414-81	M	20.5 - 23 cm	Black
	73414-82	L	23 - 25.5 cm	Black



Actimove® Ankle Stabilizer

Criss-Cross Straps

Simulating sports taping, increased stability for ankle and arch of foot

- Enjoy sports, as pain relief and healing are supported through balanced warmth and medical compression.
- Great comfort with exceptional breathability through quick drying performance material.
- Neoprene-free, made with COOLMAX® AIR technology.
- Increased stability around the ankle and arch of foot with criss-cross straps simulating sports taping.
- Stays in place during athletic activity with extra support from circular strap.
- Universal sizing.
- Can be worn left or right.

Fields of application:

- Mild and moderate ankle sprains
- Sports injuries
- Helps to avoid re-injuries and chronic ankle instabilities

Criss-Cross Straps



COOLMAX®
PRO

Essity Code	Size	Measurements	Colour
75611-30	Universal	20 - 27 cm	Black





Actimove® Back Support, 4 Stays

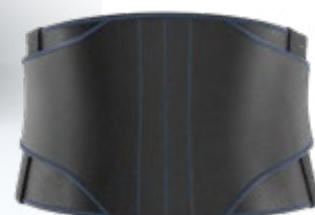
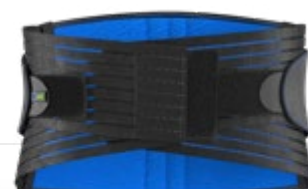
Adjustable Double Layer Compression

Advanced support and pain relief with comfort

- Pain relief and healing are supported through balanced warmth and medical compression.
- Great comfort with exceptional breathability through quick drying perforated performance material.
- Neoprene-free, made with COOLMAX® AIR technology.
- Advanced support and pain relief from adjustable, circumferential double-layer compression.
- Comfortable to wear, even when sitting, as flexible stays maintain positioning.
- Five sizes available.

Fields of application:

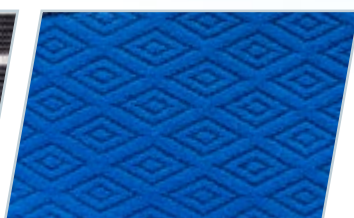
- Acute and chronic back pain
- Lumbar strains
- Muscular insufficiency
- Provides support during sports



Adjustable Elastic Band



3D Diamond Lining with COOLMAX® AIR



COOLMAX®
PRO

	Essity Code	Size	Measurements	Colour
	75541-20	S	71 - 84 cm	Black
	75541-21	M	84 - 94 cm	Black
	75541-22	L	94 - 104 cm	Black
	75541-23	XL	104 - 114 cm	Black
	75541-24	XXL	114 - 124 cm	Black



Actimove® Elbow Strap

Hot/Cold Pack

Extra pain relief and secure fit for tennis and golfer elbows

- Enjoy sports, as pain relief and healing are supported through balanced warmth and medical compression.
- Comfort and good breathability through neoprene-free performance material.
- Extra pain relief supported by a removable therapeutic hot/cold pack.
- Silicone dot lining for secure fit.
- Universal sizing.
- Can be worn left or right.

Fields of application:

- Tennis, golfer elbow (epicondylitis)



Hot/Cold Pack



Silicone Dot Lining



Essity Code	Size	Measurements	Colour
75742-30	Universal	28 - 40 cm	Black



Actimove® Elbow Support

Adjustable

Slip-on design with easy application and adjustment

- Enjoy sports, as pain relief and healing are supported through balanced warmth and medical compression.
- Comfort and good breathability through neoprene-free performance material.
- Quick and easy to fit with slip-on design and individually adjustable straps.
- Universal sizing.
- Can be worn left or right.

Fields of application:

- Painful elbow injuries & prevention



Slip-On Design



Essity Code	Size	Measurements	Colour
75617-30	Universal	19 - 37 cm	Black



Actimove® EVERYDAY SUPPORTS

With age, patients frequently suffer from chronic degenerative joints diseases, impacting how they are able move. They are looking for stability to support their mobility.

Actimove Everyday Supports provides medical compression that helps to reduce edema and aids pain relief. Its enduring comfort is combined in a range of reliable and durable supports.

- **Validated compression** properties provide support and stability which helps to reduce swelling and manage pain relief.
- The **unique helix design** is inspired by physiological taping and the supports are anatomically shaped for stability.
- Made from **soft, latex-free** yarns, Actimove Everyday Supports have special comfort zones for sensitive areas.



Actimove® Wrist Stabilizer Carpal

Pre-shaped Metal Stay

Anatomical shape for correct positioning, full finger movement and hand dexterity

- Pain relief and healing are supported through balanced warmth and medical compression.
- Great comfort with exceptional breathability through quick drying perforated performance material.
- Neoprene-free, made with COOLMAX® AIR technology.
- Helps to manage pain by stabilizing wrist with anatomically shaped stay for correct positioning.
- Provides relief as hand can rest on palmar pad supported by rigid, angled stay.
- Full finger movement and hand dexterity from unique open design.
- Universal sizing.
- Can be worn left or right.

Fields of application:

- Symptomatic relief of carpal tunnel syndrome, e.g., while using a computer

Open Design for Dexterity



Essity Code	Size	Measurements	Colour
75714-20	Universal	14 - 20cm	Black



Actimove® Knee Support

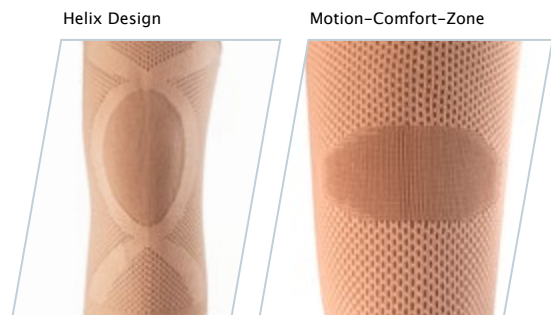
Closed Patella, 2 Stays

Firm compression, added stability, durable support, functional helix design

- Firm compression to help manage pain from knee conditions.
- Added stability through two spiral stays.
- Reliable, durable support for everyday mobility.
- Anatomical shape supported by a patterned helix design for a good fit.
- Soft, smooth Motion-Comfort-Zone in the popliteal area.
- Reinforced edges for long lasting wear.
- Soft, latex-free and cotton-free yarns for enduring comfort.
- Four sizes available.
- Can be worn left or right.

Fields of application:

- Degenerative knee conditions
- Overuse or repetitive use syndromes
- Chronic knee pain



Essity Code	Size	Measurements	Colour
75575-28	S	31 - 36 cm	Beige
75575-29	M	36 - 41 cm	Beige
75575-30	L	41 - 46 cm	Beige
75575-31	XL	46 - 52 cm	Beige



Actimove® Ankle Support

Firm compression, reliable, durable support for everyday mobility

- Firm compression to help manage pain from ankle conditions.
- Reliable, durable support for everyday mobility.
- Seamless anatomical shape supported by a patterned helix design for a good fit.
- Reinforced edges for long lasting wear.
- Soft, smooth Motion-Comfort-Zone in the instep.
- Soft, latex-free and cotton-free yarns for enduring comfort.
- Four sizes available.
- Can be worn left or right.

Fields of application:

- Degenerative ankle conditions
- Overuse or repetitive use syndromes
- Chronic ankle pain



Pattern Design



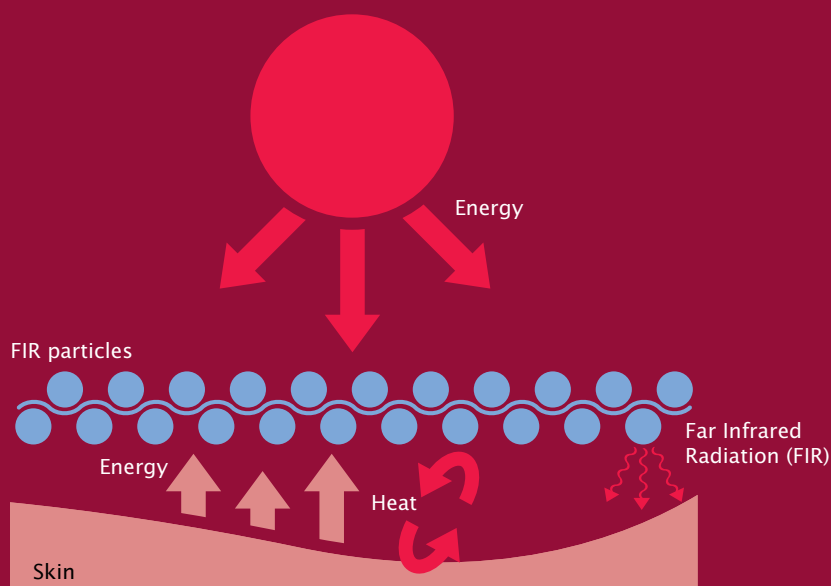
	Essity Code	Size	Measurements	Colour
	75608-20	S	18 - 21 cm	Beige
	75608-21	M	21 - 24 cm	Beige
	75608-22	L	24 - 27 cm	Beige
	75608-23	XL	27 - 30 cm	Beige

Actimove® ARTHRITIS CARE

Elderly people suffering from chronic, painful osteoarthritis or rheumatoid arthritis are on a quest to find lasting pain-relief¹ to help them live their daily lives.

Actimove Arthritis Care supports aid pain relief and increase joint mobility through soothing warmth and compression.

- Actimove Arthritis Care are made with **special ceramic yarns** which retain and reflect body heat.
- **Validated compression** properties provide support and stability, helping to reduce swelling, increase joint mobility and help to manage pain.
- The **skin friendly materials** are soft and comfortable and latex-free.



¹ Essity Internal Shopper Study



Actimove® Wrist Support


Soothing warmth for wrists from heat-retaining ceramic fibers

- Unique ceramic fibers retain and reflect body heat for soothing warmth to help relief pain.
- Four-way stretch provides light, comfortable compression to reduce swelling for improved mobility.
- Therapeutic warming promotes circulation around the wrist for faster return to daily activities.
- Four sizes available.
- Can be worn left or right.

Fields of application:

- Painful arthritis of the wrist joint



	Essity Code	Size	Measurements	Colour
	75779-20	S	12 - 15 cm	Beige
	75779-21	M	15 - 17 cm	Beige
	75779-22	L	17 - 19 cm	Beige
	75779-23	XL	19 - 21 cm	Beige

Actimove® Arthritis Gloves

Balanced warmth and medical compression, comfortable from outer seams

- Pain relief and healing are supported through balanced warmth and medical compression.
- Comfort and good breathability through neoprene-free performance material.
- Provides light compression to help reduce swelling for improved finger and hand mobility.
- Comfortable to wear because of premium soft material and outside seams.
- Four sizes available.
- Can be worn left or right.

Fields of application:

- Arthritis
- Aching fingers and hands
- Overuse or repetitive use syndromes




Outside Seams



Inside of Glove



	Essity Code	Size	Measurements	Colour
	75783-20	S	18 - 20 cm	Beige
	75783-21	M	20 - 23.5 cm	Beige
	75783-22	L	23.5 - 27 cm	Beige
	75783-23	XL	27 - 30 cm	Beige



Actimove® Knee Support

Soothing warmth for knees from heat-retaining ceramic fibers

- Unique ceramic fibers retain and reflect body heat for soothing warmth to help relief pain.
- Four-way stretch provides light, comfortable compression to reduce swelling for improved mobility.
- Therapeutic warming promotes circulation around the knee for faster return to daily activities.
- Four sizes available.
- Can be worn left or right.

Fields of application:

- Painful arthritis of the knee joint



	Essity Code	Size	Measurements	Colour
	75781-20	S	28 - 33 cm	Beige
	75781-21	M	33 - 38 cm	Beige
	75781-22	L	38 - 43 cm	Beige
	75781-23	XL	43 - 49 cm	Beige
	75781-24	XXL	49 - 56 cm	Beige



Actimove® KIDS

Many children suffering from play or sport injuries may not like to wear supports, because most available neoprene made options may be too hot.

Actimove Kids offers pain relief and healing through balanced warmth and medical compression. Kids will enjoy great comfort from skin-friendly materials offering excellent moisture management.

- Made with **COOLMAX® AIR¹** technology, Actimove Kids are engineered for quick drying and exceptional breathability to keep children cool and dry.
- The perforated **performance material** of Actimove Kids is neoprene-free, latex-free, and skin friendly.
- Furthermore, **validated compression** properties for support and stability help reduce swelling and manage pain relief.

¹ COOLMAX® AIR is a trademark of The LYCRA company

Actimove® Wrist Stabilizer

Removable Metal Stay, Left or Right

Anatomically shaped stay for secure stabilization, managing sprains and strains

- Pain relief and healing are supported through balanced warmth and medical compression.
- Comfort and good breathability through neoprene-free performance material.
- Stabilizes wrist through an anatomically shaped removable stay for left and right hand application.
- Quick and easy to fit with slip-on design and individually adjustable straps.
- Special comfort in a premium soft material and seamless design.
- Can be easily worn under clothing due to low profile.
- Pediatric sizes, ages 2 - 7.

Fields of application:

- Tendonitis
- Sprains, strains, soft tissue injuries
- Post-operative care
- After cast removal

Slip-On Design



Essity Code	Size	Measurements	Colour
75729-30	Pediatric	11.5 - 14 cm	Black





Actimove*,
an Essity brand

ESS0411
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**BSN medical Australia & New Zealand
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